

Engelska

När du fått ditt uppehållstillstånd – kom till
Arbetsförmedlingen

2016-04

When you have received your residence permit – visit us at Arbetsförmedlingen!

This information is for you who are covered by the act on introduction activities for certain new arrivals (2010:197).

So that you can find work and become a part of society as quickly as possible, you should visit Arbetsförmedlingen when you have arrived in Sweden and received your residence permit. Our task is to support you with introduction activities that can help you on your way to finding a job.

Do I have the right to receive establishment activities?

You who are aged 20-64 (or aged 18-19 and do not have parents living in Sweden) and have received a residence permit as a refugee or for refugee-like reasons have the right to receive special support so that you can find work as quickly as possible. This also applies to you, of the same age, who have come to Sweden because you have a family member here who has a residence permit as a refugee or for refugee-like reasons.

To find out if you have the right to receive introduction activities, contact Arbetsförmedlingen as soon as possible after receiving your residence permit.

What are introduction activities?

Introduction activities are activities that are to support you so that you can as quickly as possible learn Swedish, find work and support yourself. Which activities this may entail are given in an introduction plan, which is drawn up by Arbetsförmedlingen together with you during one or more introduction interviews.

What happens in the introduction interview?

When you have obtained your residence permit, you will receive from Arbetsförmedlingen an invitation to an introduction interview. It is very important that you attend this interview, in order to continue receiving benefits. You can also contact Arbetsförmedlingen yourself to arrange your introduction interview.

The introduction interview can be carried out with the help of an interpreter and can consist of one or a number of meetings. In the interview, you and your employment officer begin to plan for your future in Sweden. You describe your work experience, education, interests and ambitions. Together, you also assess how your ability to participate in introduction activities or to work is affected by your family circumstances and your health. In addition, you receive information about where work and accommodation can be found in the country, on the basis of your educational and vocational background and your future plans. The introduction interview results in an introduction plan.

What is an introduction plan?

Your introduction plan contains different activities that are to support you on your way to finding work. Which activities the plan contains depends on your needs, but it should at least consist of Swedish for Immigrants, employment preparation activities (for example, job experience and the validation of educational and professional experience) and social studies, which aim to provide you with a basic knowledge of Swedish society. The starting point is the presumption that the activities in the introduction plan will occupy you on a full-time basis, that is, 40 hours a week. Your introduction plan is usually limited to a duration of 24 months. However, if you are on parental leave part time, it can be extended by up to 18 months. For more information, please speak with your employment officer.

How do I support myself?

During the period that you are drawing up your introduction plan together with your employment officer, and while you are participating in the activities in the plan, you have the right to receive introduction benefit. The size of the benefit is the same, regardless of where you are living in Sweden.

What should I do first?

As soon as you have received your residence permit, you should contact the Swedish Tax Agency (Skatteverket) in order to register with them. By registering, you can obtain a personal identity number, which is used in identifying yourself. Your personal identity number is important in contacts with public authorities, and also when you want to open a bank account or apply for an ID document. Registration is also important in order to be able to receive your introduction benefit.

Welcome to Arbetsförmedlingen

Arbetsförmedlingen is the public authority in Sweden that decides if you have the right to receive introduction activities. Our task is to bring together, as efficiently as possible, those who are looking for employees with those who are looking for work. We are present throughout the country and our services are free of charge.

We are looking forward to meeting you!

Call us at 0771-416 416 if you would like to know more. You can also visit your nearest employment office, or visit us at arbetsformedlingen.se.

You can also receive information in the following languages, every weekday, between 10 am and 4 pm:

Arabic 0771-86 01 01
Farsi 0771-86 01 02
Russian 0771- 86 01 05
Somali 0771-86 01 03
Tigrinya 0771- 86 01 04