

Labour market training

If you are unemployed or at risk of becoming unemployed, in some cases you may be eligible to receive labour market training in an industry where there is a lack of manpower. The aim of this training is to help you get a job and to make it easier for employers to find workers with the right skills.

What is labour market training?

Labour market training is vocational training that the Swedish Public Employment Agency orders from a job training company or through a municipal commissioned service. Exactly what kind of labour market training is relevant at any given time depends on labour market conditions and where there is a lack of manpower.

Am I eligible to receive labour market training?

Your employment officer first assesses your prospects when it comes to getting a job. The employment officer bases this assessment on your job experience, the professional field in which you are seeking employment, and the prevailing economic climate.

You must also meet at least one of the following requirements:

- be at least 25 years and registered as a job-seeker with the Swedish Public Employment Agency
- be young and have a disability that affects your ability to work
- be at least 18 years old and face significant challenges in entering the labour market due to special circumstances
- be covered by the Act on Establishment Contributions for Certain Newly Arrived Immigrants
- participate in the Youth Job Programme or in the Job and Development Programme.

How long is a labour market training course?

A labour market training course usually lasts for up to six months. In some cases, you may also receive training for even longer.

Will I receive any compensation?

You can receive activity support or development allowance while you are participating in a labour market training programme. The Swedish Social Insurance Agency calculates, decides upon, and disburses the compensation. Read more in the fact sheet “Activity Support and Development Allowances” at forsakringskassan.se.

Am I insured?

You are covered by personal injury and group life insurance policies when you participate in a labour market training programme. Your employer can also receive compensation from the state in the instance that you damage company property. Read more in the fact sheet “Insurance coverage and compensation liability in certain labour market programmes” at arbetsformedlingen.se.

Who does what?

Contact the Swedish Public Employment Agency if you wish to find out more about labour market training. You can also read more at arbetsformedlingen.se. If your employment officer decides that you are eligible to take part in a labour market training programme, you will work together to plan what course of training is best for you.

Regulations

The Act (2000:625) on Labour Market Policy Programmes

The Regulation (2000:634) on Labour Market Policy Programmes

The Regulation (1996:1100) on Activity Support