

The film New in Sweden

About the film

Hello and welcome to our guide those who have received a residence permit in Sweden and are entitled to introduction activities.

You may at any time pause this film by pressing the pause button. You can also at any time click on the menu at the bottom of the screen to jump to another chapter. If you would like to change the language, you can do so at the top-right of the screen. And if you would prefer to see all the information as text instead, click on Text.

There is a law in Sweden that gives many of you who are new in the country the right to receive support. The reason for this is so that you, as a newcomer, will be able to quickly find work.

If you are unsure whether you are included, you can find out by asking us at the Swedish Public Employment Service - Arbetsförmedlingen.

In this film, we shall talk about what kind of support might be appropriate for you, and what you can personally do to find work as soon as possible.

We will talk about the rules that apply for housing and financial aid as well as how you can contact us at Arbetsförmedlingen. You will also be given tips about how to find information elsewhere.

About Arbetsförmedlingen

Arbetsförmedlingen is a public authority and also the largest employment service in Sweden. Arbetsförmedlingen's mandate is to, as efficiently as possible, bring together those who are looking for personnel and those who are looking for work. Our organisation is nationwide and all of our services are available to you without cost.

Anyone is welcome to come to Arbetsförmedlingen to look for work. Additionally, those of you who have recently received a residence permit in Sweden are entitled to special means of support for two years. The idea is that you should be able to find an occupation and means of living as quickly as possible.

On our website, you can search amongst thousands of available jobs and find out if there are other activities that can be of help to you. An employment officer can also give you advice and support when you are looking for work.

Housing

When you receive a residence permit and have decided to stay in Sweden, you also need somewhere to live. It is your own responsibility to find accommodation, but we at Arbetsförmedlingen can help you if you like.

This means that you cannot influence where you will be offered housing, but you can choose to turn it down. In that case, you will not be given any new offers – you will have to find accommodation yourself.

National registration

It is important at this stage that you register with the authorities so that you can be given a national registration number. This will make it easier for you to receive the financial support that you are entitled to when you participate in our activities. A national registration number is needed, for example, when contacting the authorities and when opening a bank account. The Swedish Tax Agency (Skatteverket) is responsible for the national registration.

Financial support

If you participate in the activities in your introduction plan, you will be paid an introduction benefit. Remember that you will need your introduction benefit for more than just food, clothes and accommodation. You will, for example, need to save enough to pay for local transport, such as the bus and metro, so that you can get to job interviews and introduction activities.

It is possible to receive a supplement to your introduction benefit if, for example, you have children or need to pay costs for your own accommodation. To find out exactly what rules apply for the introduction benefit and any supplements, contact us at Arbetsförmedlingen.

Introduction plan

We at Arbetsförmedlingen will work with you to find out what you want and what you can do to find work as quickly as possible. We do this during a so-called introduction interview, where, together, we develop an introduction plan for you. The introduction plan contains activities that are designed to make it easier for you to find a job.

It could, for example, involve Swedish for Immigrants (SFI) to teach you how to master the Swedish language. After that, those of you who have not completed public schooling or college will have the opportunity to do so with adult education through Komvux.

But you can also be given work experience, which means that you go to a place of work to learn a profession, form contacts or to experience how a workplace or line of business works in Sweden.

You also have the opportunity get your educational and professional experience validated. That means that you can find out what these correspond to on the Swedish job market. Remember to collect and keep certificates, grades and other references that prove what kind of education and experience you have.

The municipality you live in will also offer you a course in civic orientation so that you can learn more about how Swedish society works.

Remember that it is your own responsibility to do the activities in the plan that we make. Arbetsförmedlingen will support you and you will meet with us several times to develop the plan so that it is adapted to your own personal way to find work.

The basis for the plan is that you will take part in activities that are equivalent to full-time work; that is, 40 hours a week. If you for some reason cannot participate full-time, the introduction plan may be adjusted accordingly. In that case, it is important that you make sure you come to an agreement with us at Arbetsförmedlingen. Otherwise, you might not receive any financial benefits.

If you have a reduced work capacity because of sickness or disability, you can be offered rehabilitation to help you cope as much as possible with everyday life and work.

If you do not speak or understand Swedish, we can provide an interpreter. We can also help you to get your grades and other documents translated.

When you set up your introduction plan, details about you are registered in our computer system. All of your details are confidential, which means that we are not allowed to give them to unauthorised persons.

The way to work

If you do not already have a job, it is important that you are always actively looking for one. It is your own responsibility to try to find way to support yourself. We at Arbetsförmedlingen offer advice on how you can be better at looking for work. You can learn more about what employers feel is important to remember during a job interview. You can also take a course to learn how to write a good CV. We at Arbetsförmedlingen can provide you with personal feedback on your CV and give you tips on how you can prepare yourself for a job interview.

On our website, you can find available jobs and read about various professions and their future prospects. You can also find information on the website about other things that are important to think about when choosing a profession, about different kinds of studies and how you can finance those studies. There are also some good links to other websites that provide information about professions and studies.

Arbetsförmedlingen also offers seminars and activities that deal with work and training.

When you have begun with your introduction plan, you will also be signed up with us. When an employer tells us about an available placement, we match the employer's requirements to the people who are signed up with us. If the employer's requirements match your abilities, we will tell you that there is an available job that you can apply for.

Remember that Arbetsförmedlingen is just one of several places where you can look for work. You can also contact employers directly. Many vacancies are not advertised but are instead filled through direct contact.

By signing up with a staffing agency, you can receive short or long-term assignments at various workplaces.

It is also good to talk with friends and acquaintances as well as any previous employers. Perhaps they know about a job vacancy that it just right for you.

The more people who know you and what you are able to do and have your CV, the better the chance you have of finding employment.

Again, it is your own responsibility to find a way to support yourself.

Contact

You can contact us at Arbetsförmedlingen in the following ways:

- Visit one of our employment offices (daytime on weekdays)
- Our website www.arbetsformedlingen.se
- Call us on 0771 416 416 or on the following numbers:

Engelska

Ny i Sverige (textversion av filmen nyanland.arbetsformedlingen.se)

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ቴሌፎን 0771 86 01 04	0771 86 01 01 هاتف
Звоните нам (Ryska)	(Persiska) با ما تماس گرفتن
по телефону 0771 86 01 05	0771 86 01 02 تلفن
	Nagala soo xiriir (Somaliska)
	Telefonkan 0771 86 01 03

If needed, Arbetsförmedlingen has interpreters who can translate between your language and Swedish.

Welcome to Sweden and we wish you all the best in your job search!